

Welcome to Coastal Medical Associates!

**The day of your first appointment** please arrive 15 minutes prior to your scheduled appointment time and bring the following things:

- Insurance card
- Co-payment
- Photo I.D.
- Authorization to Release Medical Records Form (Unless you already sent it)
- Medication list
- Patient visit checklist
- New patient packet

We do our very best to run on schedule. If we are not on schedule this may be due to an emergency appointment or a patient who needed extra time to discuss his/her issues. We are 100% committed to giving our patients what they need.

